

## **The Frey-Faxi**

And why we celebrate

Frey Faxi is the time of the Harvest festival for the Tru-Folk. A celebration of the hard work done and the fruition of the labours and deeds completed. It is also the time when we renew our contracts with the Gods and plant the seeds of future fruition. Frey Faxi is a time when the gathered Folk give thanks to the As and the Van, the Disir, the Var and the Landsvar and all the wights and etins that have assisted us and given us protection throughout the year and renew those bonds for continued prosperity and abundance. It is also a time when we begin the process of assisting the Sun Goddess Sunna's return to strength.

Loaf mass is the last big festival before the dark time of winter. It is a celebration in a time of plenty with the knowledge that we must lay away the excess for the dark time and the sacrifice and laying to rest the old King of the land and the rebirth through the seeds of fertility planted deeply by the ritual.

Frey-faxi is a very powerful rite with deep Vanic (earth bound, fertility and sexuality) traditions attached, so please be aware of its power.

## **Heathen Man in a Modern World**

What does it mean to be a Man? More importantly a Pagan or Heathen man in this modern world. How do you couple traditional beliefs and obligations of Kith and Kin in the era of the cult of the individual. How does the Heathen man remain empowered and a vital, essential and powerful force in a time of subjugation and disempowerment of all men in general through the destruction of life roles and masculine values after failed social experiments and the active feminisation of men over the last 40 years to the point where empowered women themselves are asking "where are the real men"? This lecture will look to address these topics through a Heathen perspective and give guidance that is easily applicable in the real world and which can have a resounding yet subtle echo throughout our lives, our communities and the lives of our descendants.

### **About the The Facilitator:**

**Cullyn Ullrson** has been a practising Heathen for 23 years since being brought to the Troth by his paternal grandmother at age 12. Over this time he has delved deeply into both the historical and esoteric lore of the Asatru. This has resulted in the founding of the Eagle Hearth of Australia being established for which he is the Founder and until leaving the post 4 years ago for a sabbatical journey, its Gothi (priest). His work is known internationally with regular correspondences with England through the Heathens for Progress Association, Europe through Fjorn Seidhr and recently the US through discussions with founding members of the Hrafnr Kindred where he has access to authors such as Jordsvin. Over the last two years he has been working on his first book of an esoteric nature Asabok: a Guide to Norse Heathenry which has just been published and is now available to the public and has commenced research on his second book Views of Midgard: a Guide to the Etiquette of Interacting with the Landsvaettir, Alfar, Disir and Wights of the World. Cullyn is currently employed in the federal government and in his spare time is an accomplished sustenance hunter and home permaculturalist gardener with qualifications in Biology and Anthropology. Cullyn is currently establishing a new Hearth known as Yldal Lodge and will be holding Rune study classes starting in late September.

Cullyn Ullrson  
Skald, Asabok  
Gothi: Yldal Lodge  
Jager