

Know The God and The Goddess

Spring Equinox Weekend - Three Day Retreat

Four days of honouring the difference between male and female spirituality and the strength and power that can come from weaving the two together.

- 9 Full event investment only \$200
- 9 Early-bird before July 31st or concession \$150
- 9 Friday and Sunday together \$120
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- 9 Individual days \$85. However, it is not possible to attend only Sunday's events by themselves.
- 9 Event fully catered. However, special dietary requirements beyond vegetarian/vegan remain the responsibility of the individual
- 9 Camping and bunk-style cabin accommodation available.
- 9 All participants are expected to clean up their own dorm or campsite before leaving.
- 9 All volunteers are welcomed and appreciated for the grounds cleanup on Monday morning.

To attend this event, please fill out and sign copies of the Registration/Disclaimer and the Acceptable Codes of Conduct forms and send all three forms to: Shambhalla Awareness Centre. P. O. Box 3541 Helensvale Town Centre. Qld. 4212

For more information, contact Shambhalla Awareness Centre on <http://www.shambhalla.org> or <mailto:shambhalla@y7mail.com>

Alternatively, phone 0410582295



Time Table of Events

Times	Friday A Day for Male Spirituality	Saturday A Day for Female Spirituality	Sunday A Day To Discover The Power Of Weaving The Opposites	Monday Closure	
7.00am		Breakfast / Market Stalls	Breakfast / Market Stalls	Breakfast	
8.00am		Yoga or Stretching or Tai Chi	Ritual of Physical Immortality	Yoga or Stretching or Tai Chi	
9.00am		☿ Salute to the Goddess ☿ Men's post-ritual discussion and debriefing	☿ Salute to the God and the Goddess in Union ☿ Women's post-ritual discussion and debriefing	Main post-ritual discussion and debrief	
10.00am	Load in & Set up Arrival \ Registrations	Explanation of Acceptable Codes of Conduct for the weekend. N.B. All participants must attend one of the ACC discussions	Explanation of Acceptable Codes of Conduct for the weekend. N.B. All participants must attend one of the ACC discussions	Closing Ceremony	
11.00am	☿ Opening Ceremony ☿ Salute to the God	This time slot still available for allocation	This time slot still available for allocation	Clean up \ Pack up	
12.00 noon	Explanation of Acceptable Codes of Conduct for the weekend. N.B. All participants must attend one of the ACC discussions	Lunch - Market Stalls			
1.00pm	WORKSHOP You Deserve Love for both Men and Women by She D'Montford	WORKSHOP What is Tantra? Tantra's Mystery, Power, and Purpose. by She D'Montford	WORKSHOP Sex Magick by She D'Montford		
2.00pm	Ethics, Nobility and Knightly Conduct by Ken Wills with Shé	Goddess Talks Would you like to present a discourse on a favourite Goddess for this time slot? Contact us to arrange this Sappho's School of Love	God Talks Would you like to present a discourse on a favourite God for this time slot? Contact us to arrange this		
3.00pm	What Men Want Men's discussion group by Peter Braiburn	What Women Want Women's discussion group by Leonie Rose-Jones	What Are We Coming Together For? Group Discussion and agreement of <i>Joint Purpose For Energy Raised</i> - lead by all workshop facilitators		
4.00pm	Unashamedly Male Norse and Asatru Men's Traditions of Hunting, Defending and Celebration and how they relate to the life of today's modern man. by Cullen Strong	Unashamedly Female Women's traditions of ecstasy, healing and nurturing by Hania Taranowski	Unashamedly Sexual Society v Spirituality & Sexuality Group Discussion		
5.00pm	Dinner - Market Stalls – Time to getting ready for main rituals				
6.00pm	Men's Ritual brief	Women's Ritual Brief			
6.30pm	MEN'S RITUAL Sufi Dance and Breathing Techniques for elevated consciousness	WOMEN'S RITUAL The Mysterious Middle Eastern Zarr Ritual for Female Empowerment	Main Ritual briefing		
8.00pm	Freyafaxie brief	Dionysus ritual brief	THE TRADITIONAL TANTRA 5Ms RITUAL		
8.30pm	Freyafaxie Nordic harvest and sexuality ritual, lead by Cullen Strong Both men and women welcome	The Dionysian Ritual The origins of comedy, tragedy, and mania as catharsis for women. by Gede Pama Both men and women welcome			
From 10.00pm	Till Late Fire Circles - Drumming; Singing; Chanting; Story Telling; Dancing; Market Stalls etc				